

NAB TOWER

FULLY CREWED

3H 24M 42S

DOUBLE-HANDED

3H 33M 18S

RECORD TIMES





















IRCRECORDS™ COURSE INSTRUCTIONS

1. Rules

Record attempts will be governed by:

- These Course Instructions IRC Rules parts A, B and C
- IRCRecords™ Rules
- d. Any local maritime rules and by laws

2. Safety Reminder

Competitors are reminded of Rule 18 of the IRCRecords™ Rules: "It is not within the province of these rules to set safety standards. However, all vessels making attempts must comply with the appropriate safety standards enforced by International Maritime Law and by their country of origin or registration, and of any race or trophy in which they may be competing, and by the country in which home waters they are sailing. Competitors are reminded of their responsibility to take account of local Notice to Mariners and should be particularly aware of Precautionary Areas. Skippers are reminded of their obligation to keep clear of merchant shipping using restricted channels and to adhere to COLREGS at all times

Interpretation: This rule is considered infringed when the rule or regulation authority penalises the vessel for the infringement of one of the rules or regulations they monitor.

3. Course Description

Royal Yacht Squadron Line - Nab Tower - Royal Yacht Squadron Line. Approx Distance: 60nm

See Appendix A for full Mark Information

Competitors are reminded of their responsibility to take account of Notice to Mariners and should be particularly aware of any

4. Start Line

The start line is commonly referred to as the Royal Yacht Squadron Line, boats must pass between the following coordinates to correctly

50° 46.005' N 001° 18.054 W 50° 47.198' N 001° 18.547' W

5. Finish Line

The finish line is commonly referred to as the Royal Yacht Squadron Line, boats must pass between the following coordinates to correctly finish:

> 50° 46.005' N 001° 18.054 W 50° 47.198' N 001° 18.547' W

6. AIS Reminder

Competitors are reminded of Rule 19 of the IRCRecords™ Rules

7. Tracking Reminder

Competitors are reminded of Rule 4 of the IRCRecords™ Rules and to check their unit is fully charged, switched on and positioned onboard the vessel so that it has a clear, unobstructed access to the sky

8. Crew Declaration

A crew declaration is required for all Record Attempts, and shall be completed by the owner and signed by all of their crew on completion of the Record Attempt - failure to complete will result in Attempt not being ratified

9. Risk Statement

Competitors are reminded that as per the IRCRecords™ Rules "Sailing is by its nature an unpredictable spot and therefor inherently involves

- an element of risk. By taking part in record attempts, each competitor agrees and acknowledges that:

 a. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure to themselves, their crew and their boat to such inherent risk whilst taking part in Record Attempts;
 - b. They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore; c. They accept responsibility for any injury, damage or loss to the extent caused by their own actions or missions;

 - Their boat is in good order, equipped to sail in the Record Attempt and they are fit to participate

 The provision of a record management team, patrol boat of any other officials and volunteers by the Record Attempt organiser e. does not relieve them of their own responsibilities
 - They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather; that there is a sufficient number of competent crew, safety equipment is properly maintained, stowed, is in date and is familiar to the
 - $IRCRecords^{TM}$, its partner and other organising bodies accept no responsibility or liability for loss of life or injury to members or other persons, or for the loss of, or damage to, any vessel or property.

10. Insurance

As per Rule 21 of IRCRecords™ Rules 'Each participating boat shall be insured with a valid third-party liability insurance with a minimum cover of not less than £2,000,000 Sterling."

11. Responsibility:

Refer to Rule 20 of the IRCRecords Rules



















APPENDIX A - COURSE MARK POSITIONS

Start Line - Between coordinates:

50° 46.005' N 001° 18.054 W 50° 47.198' N 001° 18.547' W

Nab Tower - Rounded in either direction:

50°40.079'N 00°57.155' W

Finish Line - Between coordinates:

50° 46.005' N 001° 18.054 W 50° 47.198' N 001° 18.547' W

















